



Rotary District 9830  
Tasmania  
District Governor's  
**Newsletter**



**November 2010**

## **Rotary and beyondblue join forces in Tasmania creating community awareness of mental health**



(Photo courtesy of The Advocate, image created by Grant Wells.)

**DG Ted Richey and beyondblue CEO Leonie Young have announced a new partnership to raise community awareness of mental health issues Tasmania**

Rotary Tasmania (District 9830) has become the first Rotary District in Australia to join forces with beyondblue, the national program to increase awareness of anxiety and depression in the community, and to reduce the stigma associated with mental illness.

Beyondblue CEO, Leonie Young, said the partnership will provide information on mental health to be disseminated more widely in the Tasmanian community. With a Rotary club in all cities and many towns in Tasmania, Rotary in Tasmania is well placed to distribute the beyondblue messages across the state.

District Governor, Ted Richey, said Rotary in Tasmania was very interested to partner beyondblue. He applauded the efforts of Lindsay Morgan of RC Ulverstone West to make the partnership a reality.

Ms Young gave an example of beyondblue's OBE (Over Bloody Eighty) program as one initiative that Rotary in Tasmania could promote to elder Tasmanians. "It's about three things – connectivity, family and not being isolated" noted Leonie Young.



**Guest speaker at the Rotary District 9830/beyondblue partnership launch, former AFL footballer, Nathan Thompson**

(Photo courtesy of David Logan)

(Continued page 2)

**Family of Rotary Day  
Sunday 6<sup>th</sup> February, Brickendon, Longford**

(From page 1)

### Rotary/beyondblue Partnership

The Rotary District 9830 and beyondblue partnership was launched at a gala dinner at Ulverstone on Saturday 16<sup>th</sup> October. The keynote speaker was former Hawthorn and North Melbourne footballer, Nathan Thompson. Nathan had the audience spellbound as he described his battle with depression on and off the field, how he broke down at training, and how he has developed a strategy to cope with depression.

MC for the evening was Jason Purdie, the Editor of the Advocate. The newspaper featured excellent coverage of the launch and the Health and Wellbeing Expo which ran at the Ulverstone Civic Centre on the Friday and Saturday before the launch. RC Ulverstone West assembled a wide range of support and information services including hospice care and detox foot spa baths.

One of the most popular attractions at the Health and Welfare Expo was the Delta Society Pet Partners Program with a number of docile, well trained dogs and their handlers.



**One of the dogs in the Delta Pet Partners Program at the Health and Wellbeing Expo**

### Abbeyfield – RC Huon Valley Partnership

RC Huon Valley has recently become involved with SecondBite where they collect food items from Woolworths in Huonville every Tuesday and Thursday. In addition, the SecondBite warehouse sends a load of perishable food items to the valley each Thursday.

Some of the grateful recipients of food items each week are the residents at Abbeyfield House in Wilmot Road, Huonville. The Rotary Club has had an association with Abbeyfield in Huonville from the early planning stages through the architect Rob Richards, who was a member the Huon Valley Club at the time.

Members were involved in landscaping the site before the first residents moved in. Past Assistant Governor Lorraine Walker considered 'Seniors' Week was an opportune time to invite Abbeyfield residents to attend a Rotary meeting and five of the seven residents, along with their house coordinator, were able to attend.



**Abbeyfield Huonville residents attending a meeting of RC Huon Valley**

Rotarian Jennifer Langston initiated and almost single-handedly co-ordinates the program. Jennifer would like to acknowledge the fantastic support in sorting food items provided by Ray and Trudy Griffiths (club members and owners of the Huon Manor Restaurant).

## November 2010

### From the DG

It has been a big month in Rotary.

The Rotary Youth Exchange Australia conference in Hobart attracted over 120 delegates from all Districts in Australia and guests from Brazil, Denmark, Germany, New Zealand, South Korea, Sweden, Switzerland, Taiwan and the United States of America. Ably organised by Rockie Lee, it showcased District 9830 to Australia and the world.

The beyondblue launch took place in Ulverstone, hosted by the Rotary Club of Ulverstone West. At a gala dinner supported by 120 Rotarians and community leaders, beyondblue CEO Leonie Young and past AFL footballer Nathan Thompson spoke sincerely on the benefits of the partnership between Rotary, Australian Rotary Health and beyondblue.

The Southern RAWCS conference was held in Hobart on the Eastern shore. Organised by Terry Lobban and attended by 50 people, the annual meeting was very informative and productive.

The following weekend the Seafarers Festival and Celebration of 150 years of Clarence was to be a major event, greatly aided by the Rotary Clubs of Howrah, Bellerive, Sorell, Lindisfarne and Kangaroo Bay. Unfortunately, heavy rain forced the cancellation of the event.

The launch of the Deloraine Craft Fair was on the same weekend, as polished and professional as ever. The Rotary Club of Deloraine does a great job with this major event in the Tasmanian calendar. This day also saw the departure of Rotaractor Laura Richardson to New York to address the United Nations and she was suitably farewelled. What an incredible achievement for a young person from our district to have such an honour.

In between Colleen and I have attended five group forums and will have finished our club visits by the time you read this. And I think Colleen has almost forgiven me for buying a motor bike at the Rotary Club of Tamar Sunrise cocktail party.

As I said, it has been a big month in Rotary.

### D G Ted



**DG Ted trying out the BMW motorcycle he successfully bid for at the Cocktails for a Cause function run by RC Tamar Sunrise**



**DG Ted and the Governor of Tasmania, Peter Underwood, at a Government House Reception for students attending National Youth Science Forums next January.**

**Rotary District 9830 – first district in Australia to join forces with beyondblue to raise awareness of mental health**

## November 2010

### Oh What a Feeling – Kokoda

When James Dwyer turned 14 recently, there weren't the usual presents or even a birthday cake.

Instead, the son of RC Longford Club President-elect Dennis Dwyer was slogging his way along the Kokoda Track with his father, handing out medical supplies to villagers on the revered 96 km wartime battleground.

"It was an amazing experience to walk in the footsteps of our Diggers from so long ago," James said. "Dad had told me so much about it, but to actually be there and give the local people a helping hand along the way was incredible. It was a birthday I will never forget."



**Fourteen year old James Dwyer presenting a soft toy to one of the village children on the Kokoda Track.**

The idea to give medical supplies to villagers germinated when Dennis Dwyer and fellow club Rotarians, Secretary James Wilcox and Dr Tim Flanagan, walked the Track two years ago. It was Tim Flanagan's medical eye that spotted the need for basics such as anti-septic solutions, dressings and bandages to stop day-to-day infections turning into permanent scars. So the trio decided to do something about it – come back with necessary supplies.

The Rotarians secured the donation of \$3,000 of medical supplies from Launceston's Chemist Warehouse and \$600 from their club to pay a PNG porter to carry the 20kg pack of supplies.

"We handed out the supplies to villagers at each of our overnight stops," Dennis Dwyer said. "They were really grateful, and surprised, that we had seen their needs and come back to help."



**James Wilcox and Dennis Dwyer (right) with villagers on the Kokoda Track**

The group also took along footballs and soft toys made by Helen de Bruyn, wife of club member Peter de Bruyn, to give to village youngsters.

"They are crazy about their sport up there," young James said. "The kids were rapt with the footballs."

(Story by Rtn Linus Grant, RC Longford)

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### Found

A PHF badge with two sapphires has been found. Contact James Wilcox on 0439 911 747 to claim.

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**Lindsay Morgan and Jenny Simms talking to The Advocate reporter Courtney Greisbach at the Health and Wellbeing Expo**

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### Kingborough Business Excellence Awards - A Kingston Rotary Project

RC Kingston hosted the inaugural Kingborough Business Excellence Awards on 6<sup>th</sup> October. In his opening address, President David Moore stressed the importance of the night as it presented an opportunity to recognise the contribution small business makes to the community. Local business is the lifeblood of the community. President David thanked PP Mike Percey, PP Terry Warren and Rotarian Kieron Mills for turning the vision into a reality. Kingborough Business Enterprise and Kingborough Council were thanked for their support.

The keynote address was delivered by Deputy Premier Lara Giddings who praised all those who had contributed so much to these inaugural awards. She singled out RC Kingston for special praise for their initiative and leadership. Then the nominees for the awards were introduced and the winners announced.

Category	Winner
Services	Cyber Hair
Tourism	Brookfield Vineyard
Retail	Edwards Pharmacy
Primary Industry	Bruny Island Cheese
Manufacturing	Alpha Fibreglass



Winners of one of the inaugural Kingborough Business Excellence Award for Tourism, Helen Lindsay of Brookfield Vineyard with Deputy Premier, Lara Giddings and Kingborough Council councillor, Paul Chatterton.

### Tasman Island Tour

Rotarians are a well travelled lot, but there's one place most members of the Family of Rotary have not visited.

RC Tasman Peninsula is once again organising helicopter flights to historic Tasman Island on Saturday 10<sup>th</sup> April, 2011. Numbers are restricted to 50.



Helicopter flights to Tasman Island depart from Safety Cove. Travellers can avail themselves of a healthy breakfast from the mobile food van at the take off zone courtesy of RC Tasman Peninsula.



Around three hours is set aside for exploring Tasman Island with guides from the "Friends of Tasman Island" on hand to show you around. Checking out the famous Tasman Island Lighthouse (over 100 years old) will be on the "must see" list. Cost is \$370 per person.

For bookings and enquiries, contact John Hay on 6259 3000 or 0407 526 895.

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### Eastern Shore Rotary Clubs on Their Toes

The dance group at Rokeby High School has recently had the support of four Rotary Clubs in the area to improve their moving and grooving. A total of \$3,000 was donated from the combined efforts of the Howrah, Kangaroo Bay, Lindisfarne and Bellerive clubs. The school group is led by Tullia Chung, dance teacher.

Following the recent TV programme 'Australia's Got Talent,' the interest generated by several dance groups has inspired young grade eight and nine students to become involved with learning and creating great dance moves. Rokeby High arranged for Justice Crew, winners of the 'Australia's Got Talent' TV contest, to conduct four, one hour workshops at the school. Justice Crew is a group of young men who stunned the TV audience with their amazing dance routine.



**The Rokeby High School dance group in class with the "Justice Crew" dance team from Sydney.**

Apart from Rotary funding, the students conducted car washing and other initiatives to defray the costs. A concert was held during the Sydney group's visit to raise funds for anti-poverty week. Seven other schools on the Eastern Shore are also very enthusiastic about setting up dancing classes in the near future.

### Rotary Youth Exchange Australia 2010 Conference in Hobart

Delegates from Brazil, USA, South Korea, Taiwan, New Zealand, Denmark, Germany, Sweden and Switzerland joined delegates from all Australian Rotary Districts at the 2010 Rotary Youth Exchange Australia Conference in Hobart from 8<sup>th</sup> to 12<sup>th</sup> October.



**Korean Delegation with outgoing Rotary Youth Exchange Australia Chairman, David Anderson**

PRID John Thorne was the RI President's Official Representative at the conference opened by DG Ted Richey on Friday afternoon.

Conference sessions covered a wide spectrum of Rotary Youth Exchange issues, including State Education and Auditing Requirements, Medibank health insurance issues, overseas student visas, Danish Youth Exchange Management System, Culture and Culture Shock, Promoting Youth Exchange, Student orientations and insurance matters.

It was not all work - delegates were hosted to a working dinner on Friday night, a formal dinner on Saturday night on the MV "Cartela" on the Derwent, and a bus trip up Mt Wellington on Sunday morning after conference closure. This was followed by a great farewell BBQ at Sandy Bay, put on by RC Kingston.



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### Welcome to new Rotarians

New Rotarian	Club
John Blackwell	Latrobe
Patrice Blackwell	Latrobe
Ros Albiston	Deloraine
Aamir Mahmood	Deloraine
Lorilee Yeates	Moonah
Leonie Stevens	Moonah
Gary Sargent	Moonah
Eric Gouldens	Moonah
Louise Stevens	Sullivans Cove
Stephanie Templeton	Ulverstone West
Mark Russell	Sorell

New Paul Harris Fellow	Club
Max Maynard (non-Rotarian)	Ulverstone West
Ross Jones	Ulverstone West

### September 2010 Club Attendance Report

Club	Attendance	Rank
Claremont	96.25%	1
Howrah	95.65%	2
Youngtown	93.50%	3
Bellerive	90.00%	4
Moonah	87.54%	5
Evandale	85.42%	6
Devonport North	85.29%	7
Brighton	84.00%	8
Wynyard	83.76%	9
Lindisfarne	83.63%	10
Salamanca	83.50%	11
Devonport South East	82.50%	12
D'Entrecasteaux Channel	82.00%	13
Kingston	80.00%	14
North Launceston	79.00%	Equal 15
Ulverstone West	79.00%	Equal 15
Longford	78.75%	17
Smithton	77.63%	18
Glenorchy	77.00%	19
Georgetown	76.60%	20

**Congratulations to RC Claremont**

### Charles Radford OAM

Charles Radford OAM did not miss a single meeting during his thirty years service with RC Latrobe. He was a Past President and a Paul Harris Fellow. He was honoured for and will be remembered for promoting the needs of carers. Charles was erudite on matters of local history and was punctilious as Club historian. He was a dedicated cricketer, a sport he continued to play into his fifties. He will be missed.



### Rotary Foundation Successful District Simplified Grants

Club	Project
Devonport	Cooking facilities – Devonport Community House/Garden
Central Launceston, Deloraine, Latrobe, Longford	Gift of Sight, Nepal
Ulverstone West	Palliative care bed
Howrah	Community Seating
Wynyard	Community BBQ
Devonport SE	Palliative and aged care support
Moonah	Rehab gym equipment
North Hobart	Seniors' Anti-fraud program
George Town	Building Access

Total amount awarded: \$13,083

Four clubs will be supporting an international project, Gift of Sight, Nepal. Eight clubs will be using the allocated funds for local projects. Congratulations to all twelve clubs.

PDG Kevin Shadbolt  
Chairperson  
Rotary Foundation  
District 9830

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**The GSE team heading to Montana got in some team building on Graeme Elphinstone's yacht. Front row: David McKenzie and Carrie Smith. Back row: Katie Muric, Drew Woodward and Graeme Elphinstone**



**Gill and Mike Whitehouse (wearing badges of Australia) revisiting French Rotarians in the Loire Valley (District 1510) where Gill led a GSE team earlier this year.**



**Spring Bay Combined Probus Club Celebrates 25<sup>th</sup> Anniversary**

To celebrate the Spring Bay Combined Probus club being in existence for 25 years, RC Spring Bay, its sponsoring club, hosted a celebratory luncheon for their Probus Club neighbours. Guest speaker at the luncheon was Paralympian, Melissa Carlton, now manager of Launceston Aquatic. In addition to a strong turnout of Spring Bay Rotarians and Probian, attendees included DG Ted Richey and District Probus Chairperson, Ian Routley. (Photo courtesy of Spring Bay Combined Probus Club)

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**Setting the pace in recruitment is RC Kingston with 10 new members shown here with President David Moore**



**Congratulations to Rotarian Keith Dickenson on his 102<sup>nd</sup> birthday on 28<sup>th</sup> October.**

**Picture at left shows Keith receiving a Paul Harris Sapphire Pin on the occasion of his 100<sup>th</sup> birthday.**